Timing of Common Contra Figures

Rick Mohr (based on a version by Bob Isaacs) August 2013

Alphabetical

Figure	Beats
Allemande ¾	4
Allemande once	4–6
Allemande 1½	8
Balance	4
Box the gnat	4 (can be 2)
California twirl	4 (can be 2)
Circle once	8
Circle ¾	6–8
Contra corners	16
Cross trail through	6–8
Do-si-do once	8 (loose)
Do-si-do 1¼ to wave	8
Do-si-do 1½	8 (tight)
Down the hall and back	16
Gents chain	8 (tight)
Give and take	4
Gypsy	6–8
Half figure eight	8
Half promenade	8 (loose)
Half hey	8
Hey (full)	16
Ladies chain	8 (loose)
Long lines forward & back	8
Mad Robin	8 (loose)
Pass through	2–4
Petronella turn	4
Right and left through	8
Roll away	2–4
Rory O'Mohr spin	4
Square through 2	4
Star once	8
Star promenade, b'fly whirl	8 (tight)
Swing	8–16

By Timing

Beats	Figure
2–4	Pass through
2–4	Roll away
4 (can be 2)	Box the gnat
4 (can be 2)	California twirl
4	Allemande ¾
4	Balance
4	Give and take
4	Petronella turn
4	Rory O'Mohr spin
4	Square through 2
4–6	Allemande once
6–8	Circle ¾
6–8	Cross trail through
6–8	Gypsy
8 (loose)	Do-si-do once
8 (loose)	Half promenade
8 (loose)	Ladies chain
8 (loose)	Mad Robin
8	Allemande 1½
8	Circle once
8	Do-si-do 1¼ to wave
8	Half figure eight
8	Half hey
8	Long lines forward & back
8	Right and left through
8	Star once
8 (tight)	Do-si-do 1½
8 (tight)	Gents chain
8 (tight)	Star promenade, b'fly whirl
8–16	Swing
16	Contra corners
16	Down the hall and back
16	Hey (full)